(BLUE arrows) 2023 Courage Ride Big Grove to Courage Stop 37.0 miles			
@Mile	Go	On to	For
0.0	Start - Big Grove Brewery & Taproom 06:00 AM - 05:00 PM		
0.0	Right	Iowa River CorridorTrail. Follow signs to and through the Terry Trueblood Recreation Area,. Route stays on trail UNDER both Hwy 6 and McCollister Blvd	2.9
2.9	Right	Sand Road / W66	4.8
7.7	Right	520th St / F62	1.8
9.5	Rest Stop - Hills City Park 06:30 AM - 04:30 PM		
9.5	Left	Main Street / F62	0.3
9.8	Right	Oak Crest Hill Rd / W64	0.5
10.3	Left	500th St / F62	2.0
12.3	Left	Naples Ave	0.4
12.7	Right	Bayertown Rd	3.5
16.2	The Courage Stop - Grout Cemetery at Kansas Ave 07:00 AM - 01:30 PM		
16.2	Right	540th St / F67	2.0
18.2	Right	Sharon Center Rd / W62 at Fairview Mennonite Church	2.2
20.4	Right	500th St / F62 at Sharon Center	6.7
27.1	Right	Oak Crest Hill Rd / W64	0.5
27.6	Left	Main Street / F62	0.3
27.9	Rest Stop - Hills City Park 06:30 AM - 04:30 PM		
27.9	Right	Main Street / F62	1.8
29.7	Left	Sand Road / W66	4.8
34.5	Left	Terry Trueblood Recreation Area. Follow signs to the Iowa River Corridor Trail. Route stays on trail UNDER both McCollister Blvd and Hwy	2.5

Finish - Big Grove Brewery & Taproom 06:00 AM - 05:00 PM

37.0