

**(BLUE arrows) 2023 Courage Ride
Big Grove to North English 86.5 miles**

| @Mile | Go | On to | For |
|-------------|--|---|------|
| 0.0 | Start - Big Grove Brewery & Taproom 06:00 AM - 05:00 PM | | |
| 0.0 | Right | Iowa River Corridor Trail. Follow signs to and through the Terry Trueblood Recreation Area., Route stays on trail UNDER both Hwy 6 and McCollister Blvd | 2.9 |
| 2.9 | Right | Sand Road / W66 | 4.8 |
| 7.7 | Right | 520th St / F62 | 1.8 |
| 9.5 | Rest Stop - Hills City Park 06:30 AM - 04:30 PM | | |
| 9.5 | Left | Main Street / F62 | 0.3 |
| 9.8 | Right | Oak Crest Hill Rd / W64 | 0.5 |
| 10.3 | Left | 500th St / F62 | 2.0 |
| 12.3 | Left | Naples Ave | 0.4 |
| 12.7 | Right | Bayertown Rd | 3.5 |
| 16.2 | The Courage Stop - Grout Cemetery at Kansas Ave 07:00 AM - 01:30 PM | | |
| 16.2 | Right | 540th St / F67. Continue West | 1.9 |
| 18.1 | Right | Sharon Center Rd / W62 at Fairview Mennonite Church | 2.2 |
| 20.3 | Left | 500th St / F62 at Sharon Center. Continue straight across HWY 1 | 3.9 |
| 24.2 | Water Stop - Frytown at Hochstedler Service 10:00 AM - 04:00 PM | | |
| 24.2 | Right | 500th St / F62. Continue West for about a half block | 0.1 |
| 24.3 | Left | Angle Rd | 2.9 |
| 27.2 | Right | 540th St / F67 | 0.5 |
| 27.7 | Rest Stop - Hillcrest Academy 07:30 AM - 02:00 PM | | |
| 27.9 | Left | 540th St / F67. Continue West. Continue straight across HWY 149 | 16.5 |
| 44.4 | Left | N Main Street in North English. | 0.1 |
| 44.5 | Lunch Stop - Freeman Foods 11:00 AM - 01:00 PM | | |
| 44.5 | Left | Continue south on N Main Street. Continue straight across HWY 149 | 0.3 |
| 44.8 | Rest Stop - North English City Park 09:00 AM - 02:00 PM | | |
| 44.8 | Right | HWY 149 | 0.8 |
| 45.6 | Right | 355th St / F67 | 13.7 |
| 59.3 | Left | Johnson-Iowa Rd / W38 at Farmer's All Natural Creamery | 2.0 |
| 61.3 | Right | 500th St / F62. Continue straight at Angle Rd | 4.8 |
| 66.1 | Water Stop - Frytown at Hochstedler Service 10:00 AM - 04:00 PM | | |
| 66.1 | Left | 500th St / F62. Continue East across HWY 1 and through Sharon Center | 10.5 |
| 76.6 | Right | Oak Crest Hill Rd / W64 | 0.5 |
| 77.1 | Left | Main Street / F62 | 0.3 |
| 77.4 | Rest Stop - Hills City Park 06:30 AM - 04:30 PM | | |
| 77.4 | Right | Main Street / F62 | 1.8 |
| 79.2 | Left | Sand Road / W66 | 4.8 |
| 84.0 | Left | Terry Trueblood Recreation Area. Follow signs to the Iowa River Corridor Trail. Route stays on trail UNDER both McCollister Blvd and Hwy 6 | 2.5 |
| 86.5 | Finish - Big Grove Brewery & Taproom 06:00 AM - 05:00 PM | | |