

(GREEN arrows) 2023 Courage Ride Big Grove to Courage Stop and Frytown 57.2 miles			
@Mile	Go	On to	For
0.0 Start - Big Grove Brewery & Taproom 06:00 AM - 05:00 PM			
0.0	Right	Iowa River Corridor Trail. Follow signs to and through the Terry Trueblood Recreation Area,. Route stays on trail UNDER both Hwy 6 and McCollister Blvd	2.9
2.9	Right	Sand Road / W66	4.8
7.7	Right	520th St / F62	1.8
9.5 Rest Stop - Hills City Park 06:30 AM - 04:30 PM			
9.5	Left	Main Street / F62	0.3
9.8	Right	Oak Crest Hill Rd / W64	0.5
10.3	Left	500th St / F62	2.0
12.3	Left	Naples Ave	0.4
12.7	Right	Bayertown Rd	3.5
16.2 The Courage Stop - Grout Cemetery at Kansas Ave 06:30 AM - 05:00 PM			
16.2	Right	540th St / F67. Continue West	1.9
18.1	Right	Sharon Center Rd / W62 at Fairview Mennonite Church	2.2
20.3	Left	500th St / F62 at Sharon Center. Continue straight across HWY 1	3.9
24.2 Water Stop - Frytown at Hochstedler Service 10:00 AM - 03:00 PM			
24.2	Right	500th St / F62. Continue West for about a half block	0.1
24.3	Left	Angle Rd	2.9
27.2	Right	540th St / F67	0.5
27.7 Rest Stop - Hillcrest Academy 07:30 AM - 02:00 PM			
27.9	Left	540th St / F67. Continue West	2.1
30.0	Right	Johnson-Iowa Rd / W38 at Farmer's All Natural Creamery	2.0
32.0	Right	500th St / F62. Continue straight at Angle Rd	4.8
36.8 Water Stop - Frytown at Hochstedler Service 10:00 AM - 03:00 PM			
36.8	Left	500th St / F62. Continue East across HWY 1 and through Sharon Center	10.5
47.3	Right	Oak Crest Hill Rd / W64	0.5
47.8	Left	Main Street / F62	0.3

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48.1	Rest Stop - Hills City Park 06:30 AM - 04:30 PM		
48.1	Right	Main Street / F62	1.8
49.9	Left	Sand Road / W66	4.8
54.7	Left	Terry Trueblood Recreation Area. Follow signs to the Iowa River Corridor Trail. Route stays on trail UNDER both McCollister Blvd and Hwy 6	2.5
57.2	Finish - Big Grove Brewery & Taproom 06:00 AM - 05:00 PM		

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